

Starters

Garlic Pizza Bread 5.75

(400 kcal) **ve**

A Frankie's favourite to get you started!

Sharer (801 kcal) **ve** 7.25

Add: mozzarella (+172 kcal) 1.00

Vegan mozzarella (+93 kcal) 1.00

NEW **Crispy Cauli Bites** **ve** 6.95

Drizzled with spicy buffalo sauce & topped with spring onions. Served with a garlic & herb dip (646 kcal)

Southern Fried Chicken Strips 8.25

Choose your sauce:
BBQ (760 kcal) | Hot (688 kcal)



Loaded Potato Skins **GF** 7.75

Choose from:

Cheese & spring onion (642 kcal)
Bacon, cheese & spring onion (707 kcal)

Mozzarella Sticks **ve** (405 kcal) 7.75

Served with Marinara sauce

Sticky Chicken Wings 7.95

Served with sour cream

Choose your sauce:
BBQ (646 kcal) | Hot (627 kcal)

Crispy Calamari (404 kcal) 8.95

Served with garlic & herb dip

Frankie's Classic Meatballs 8.25

A starter portion of our bestseller since '95 - lemon & herb pork & beef meatballs, topped with a rich tomato sauce, mozzarella and finished with chilli & red onion. Served with toasted ciabatta (642 kcal)

Add: 'Nduja (+123 kcal) 1.20



A FRANKIE'S CLASSIC
Get things started!

Pasta

Transport yourself to Little Italy with a big bowl of saucy pasta

Arrabbiata **ve** **GF** 12.45

Spirali pasta in a tomato & garlic sauce with roasted red pepper, red onion and a kick of fresh chilli! (538 kcal)

Go gluten free with fusilli pasta

House Mac 'n' Cheese (697 kcal) 13.45

Add: Bacon (+90 kcal) 1.20

'Nduja (+123 kcal) 1.20

Bolognese **GF** 13.95

Fettuccine in our rich beef Bolognese, slow cooked to add layers of meaty flavour (572 kcal)

Go gluten free with fusilli pasta

Chicken & 'Nduja **GF** 16.75

Tender chicken, mushrooms & spinach in a spicy & creamy sauce with spirali pasta (1025 kcal)

Go gluten free with fusilli pasta

Classic Beef Lasagne 14.25

Just like mama used to make! (608 kcal)

Carbonara **GF** 14.95

A Frankie's favourite - fettuccine in a creamy cheese sauce, tossed with crispy bacon (774 kcal)

Add: Chicken (+117 kcal) 2.70

Go gluten free with fusilli pasta

Frankie's Classic Meatballs 16.75

A bestseller since '95 - our famous lemon & herb pork & beef meatballs simmered in our signature Bolognese sauce (918 kcal)



PAIR UP YOUR PASTA
With our Garlic Pizza Bread

Dips

Upgrade your meal with our dips.

Dip, drizzle & enjoy!

Garlic & Herb (240 kcal) **ve** 1.00

Blue Cheese (254 kcal) **ve** 1.00

BBQ (79 kcal) **ve** 1.00

NEW **Frankie's Secret Sauce** (277 kcal) **ve** 1.00

Burgers & Hotdogs

Go all American with one of our juicy, stacked burgers or grilled hotdogs. All served with skin-on fries (+427kcal)

Classic Crispy Chicken 13.45

Crispy buttermilk chicken breast, mayo & lettuce (755 kcal)

Classic Beef **GF** 13.95

Beef burger with mayo & lettuce (925 kcal)

Go gluten free and swap fries for a jacket potato

NEW **Spicy Black Bean** **ve** 15.75

Beetroot & bean burger, houmous, sriracha, roasted red peppers, red onions & lettuce (663 kcal)

NEW **Crispy BBQ Chicken** 17.75

Crispy buttermilk chicken breast, bacon, cheese, lettuce all drizzled with BBQ & Frankie's secret sauce (1068 kcal)

Chicken & Halloumi 16.25

Grilled chicken breast, cajun spiced fried halloumi, red onions, sriracha, mayo & lettuce (848 kcal)



Double Bacon Cheese **GF** 18.25

Two beef burgers, bacon, oozy cheese, lettuce & Frankie's secret sauce (1860 kcal)

Go gluten free and swap fries for a jacket potato

New York Hotdog 12.45

Crispy onions & ketchup (571 kcal)

Dirty Hotdog 15.25

BBQ brisket, green chillies, crispy onions, cheese & BBQ sauce (777 kcal)

Double up your patty 2.50

Stack those toppings

Monterey Jack Cheese (+74 kcal) **ve** **GF** 1.00

Cajun Spiced Fried Halloumi (+123 kcal) **ve** 1.35

Bacon (+90 kcal) **GF** 1.35

Onion Rings (+89 kcal) **ve** 1.35

Pulled Beef Brisket (+98 kcal) **GF** 1.35

Upgrade your fries

Sweet Potato Fries (+279 kcal) **ve** 0.70

Buffalo Chicken Fries 2.90

Crispy chicken pieces, cheese sauce, garlic & herb dressing & hot sauce (932 kcal)

BBQ Brisket Fries 2.90

BBQ brisket, cheese sauce & spring onions (880 kcal)

Pizza

Stone baked sourdough pizzas with all your favourite toppings. Go gluten free where you see the symbol, with a gluten free base

Margherita **ve** **GF** (896 kcal) 11.45

Make it vegan (644 kcal) **ve** **GF**

Pepperoni (879 kcal) **GF** 13.45

Make it vegan (790 kcal) **ve**

NEW **Hawaiian** (799 kcal) **GF** 13.95

Ham & pineapple. Simple

BBQ Chicken **GF** 14.25

with a saucy BBQ base (933 kcal)

Add toppings

Sweetcorn (+39 kcal) **ve** 1.10

Mushroom (+11 kcal) **ve** 1.10

Ham (+44 kcal) 1.10

Mozzarella (+172 kcal) **ve** 1.10

Meat Feast 16.75

Crumbled pork & beef, pepperoni, ham & roasted red peppers (999 kcal)

Manhattan Calzone 17.75

Our famous pork & beef meatballs with bacon & mushroom. Served with Marinara sauce (1223 kcal)



CRISPY & STUFFED
With our famous meatballs

Add green chillies (+1 kcal) on us

Classics

Comfort food classics, made with love, packed with flavour from Italy & America!

Chicken Parmigiana 17.25

Succulent buttermilk chicken, topped with Marinara sauce, ham & melted cheese, served with fettuccine (824 kcal)

Choose your side:

Salad (+78 kcal)

Skin-on fries (+436 kcal)

Tenderstem broccoli (+235 kcal)

NEW **Mediterranean Salmon†** 18.25

Salmon fillet on roasted vegetables tumbled with mixed grains & Marinara sauce (654 kcal)

BBQ Chicken **GF** 18.25

Tender chicken with BBQ sauce & topped with bacon & melted cheese. Served with onion rings, 'slaw & skin-on fries (673 kcal)

Add: half rack of ribs (+445 kcal) 7.50

Go gluten free without onion rings & swap fries for a jacket potato

Slow-Cooked BBQ Ribs **GF**

With 'slaw & skin-on fries

Choose from:

Whole rack (769 kcal) 23.95

Half rack (467 kcal) 18.25

Go gluten free & swap fries for a jacket potato

Steak & Fries **GF** 21.95

Our juicy sirloin steak with sautéed mushrooms, roasted tomato, onion rings & skin-on fries (728 kcal)

Choose your sauce:

Garlic & herb (+413 kcal) **GF**

Peppercorn sauce (+67 kcal)

Go gluten free without onion rings & swap fries for a jacket potato

NEW **Frankie's Feaster** 29.25

Your favourites on one plate!

Sticky BBQ ribs, chicken wings, juicy fillet steak skewer, crispy chicken goujons, BBQ beans, 'slaw, & skin-on fries (1687 kcal)

Salads

Classic Caesar **ve** 11.95

Baby gem lettuce, croutons, grated Italian cheese & Caesar dressing (467 kcal)

Mediterranean Grain **ve** 13.95

Grains, leaves, cherry tomatoes, broccoli & roasted red peppers, in a garlic & herb dressing, on a bed of houmous (542 kcal)

Top your salad

Grilled Chicken Breast **GF** 2.90

(+195 kcal)

Fried Halloumi (+297 kcal) **ve** 2.80

Fillet Steak Skewer (+216 kcal) 5.25

GF These dishes can be made without gluten. Dishes will be changed to keep in line with tolerances, check dish descriptors for further information

V Vegetarian dishes

ve Vegan dishes

Sides

'Slaw (165 kcal) **ve** **GF** 3.75

BBQ Beans (172 kcal) **ve** **GF** 3.95

Jacket Potato (222 kcal) **ve** **GF** 3.95

Skin-on Fries (436 kcal) **ve** 4.25

Sweet Potato Fries (279 kcal) **ve** 4.75

Side Salad **ve** **GF** 4.25
In garlic & herb dressing (76 kcal)

Garlic & Herb Tenderstem 4.25

Broccoli (235 kcal) **ve** **GF**

Onion Rings (543 kcal) **ve** 4.75

Sharing Garlic Pizza Bread 7.25

(801 kcal) **ve**

Add: mozzarella (+172 kcal) **ve** 1.00

Vegan mozzarella (+93 kcal) **ve** 1.00



Loaded Fries

Buffalo Chicken Fries 7.25

Crispy chicken pieces, cheese sauce, garlic & herb dressing & hot sauce (932 kcal)

BBQ Brisket Fries 7.95

BBQ brisket, cheese sauce & spring onions (880 kcal)

Flip over for
desserts &
hot drinks

Desserts

Something for everyone with our crowd pleasing desserts and shakes

NO ROOM FOR DESSERT?
Ask about our takeaway options

SHARING SHOW STOPPER
Share with 2-3 people

NEW **Cookie Jar Sundae** 11.45

Vanilla, strawberry & chocolate ice cream with OREO® & Biscoff® pieces, cookie dough, honeycomb, strawberry & chocolate sauce, topped with whipped cream (1434 kcal)



Ice Cream **ve** **GF**

Two scoops 4.25
Three scoops 5.25

Choose from:

Vanilla (57 kcal)
Chocolate (59 kcal)
Strawberry (84 kcal)
Mint choc-chip (69 kcal)
Vegan choc-chip (113 kcal) **ve**

Classic Tiramisu **ve** 6.75

Creamy mascarpone, espresso & marsala wine soaked sponge (398 kcal)

New York Cheesecake **ve** 7.25

Served with vanilla ice cream

Choose from:

Strawberry sauce (576 kcal)
Salted caramel sauce (597 kcal)

Hot Cookie Dough **ve** 7.75

Our bestseller!
With mini Rolos® & vanilla ice cream (707 kcal)

Warm Brownie & Ice Cream (734 kcal) **ve** **GF** 7.25

Apple Crumble Pie **ve** 7.25

Served with vegan custard

Choose from:

Vanilla (637 kcal) **ve**
Vegan choc-chip (667 kcal) **ve** Ice Cream

Frankie's Loaded Waffle **ve** 7.75

Banana, Biscoff® crumb, chocolate sauce, Biscoff® sauce, whipped cream & vanilla ice cream (970 kcal)



SIP, SLURP, SHAKE!
Handblended to order

Shakes

Ice Cream Shake **GF** 4.70

Choose from:

Chocolate (502 kcal)
Vanilla (517 kcal)
Strawberry (513 kcal)
Salted Caramel (501 kcal)
Oat milk choc-chip (448 kcal) **ve** 0.90

Super Ice Cream Shake 5.70

Choose from:

Malteser® (679 kcal)
OREO® (665 kcal)
Biscoff® (665 kcal)

Hot Drinks

Ask your server about our other drink options

Cappuccino (125 kcal) 3.50

Caffe Latte (124 kcal) 3.40

Flat White (74 kcal) 3.40

Americano (26 kcal) 2.60

Espresso (1 kcal) 2.60

Hot Chocolate (203 kcal) 3.40

Breakfast Tea (24 kcal) 2.30

Upgrade your drink

Shot of espresso 0.75

Earl Grey Tea (24 kcal) 2.30

Fresh Mint Tea (2 kcal) 2.00

Liqueur Coffee 4.80

Ask your server for liqueur choice

Syrup **ve** 0.75

Choose from:

Vanilla (+84 kcal)
Caramel (+85 kcal)

Good for you, good for the planet

Green Energy

We buy renewable energy for our restaurants, bringing us towards a carbon neutral future

Food Made Good

We've been awarded 3 stars in the Food Made Good Rating for initiatives such as renewable energy, responsible food sourcing and supporting the farmers that we work with

Responsible sourcing

Our beef burgers and fish are sourced from farmers that rear animals responsibly supporting global farmers



We are working hard to reduce food waste. Ask if you would like to take unfinished food home

All weights are approximate before cooking. Fish may contain bones. Adults need around 2000 kcal a day. For the latest calorie information please visit our website. Full allergen menus are available on our website or via the QR code. All dishes are prepared & cooked in kitchens where allergen ingredients (e.g. nuts, flour etc) are commonly used & we therefore cannot guarantee our dishes will be free from traces of these products. Speak to a member of staff if you have any food allergies or intolerance. Service charge is at your discretion, however an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. † Denotes style of cooking. OREO® is a registered trademark of Mondelez International. Please check with your server as due to differing licensing laws, we may be unable to serve alcoholic drinks at all times/locations. As a result of the changes to VAT in restaurants and pubs, our menu includes items with a range of VAT rates. Not all ingredients are listed in descriptions. We may need to substitute an equivalent ingredient subject to availability. The Big Table Group Limited, Lower Ground Floor, Etsley House, 24/30 Great Titchfield St., London W1W 8BF

Frankie & Benny's