

# ET'S LUNCH

Load up on Deli Breads or fill up with our Wraps. Lunch in a New York minute

## ADD ONS

#### Treat yourself to some of our small bites

Garlic Pizza Bread (400 kcal) Sharer (799 kcal) Add: Mozzarella (4172 kcal) Vegan Mozzarella (4159 kcal) Try a gluten free version (61 (853 kcal)	6.25 7.75 1.00
Giant Mozzarella Stick v with marinara sauce (453 kcal)	7.95
Crispy Calamari with a creamy garlic & herb dip (404 kcal)	9.45
Crispy Cauli Bites vo Drizzled with spicy buffalo sauce & spring onions, with a creamy garlic & herb dip (646 kcal)	7.25
NY Dippers Bite-sized potato dippers topped with cheese & red chilli sauce, spring onions and served with a sour cream dip (539 kcal)  Add: Bacon (+90 kcal)	7.75 1.45
, lad. Bacon (190 Real)	
Southern Fried Chicken Strips Get saucy and choose from: BBQ (538 kcal)   Hot (468 kcal)	8.45
Get saucy and choose from:	8.45 7.95
Get saucy and choose from: BBQ (538 kcal)   Hot (468 kcal)  Sticky Chicken Wings Served with sour cream dip Choose your sauce: BBQ (656 kcal)   Hot (637 kcal)  Frankie's Classic Meatballs Making it meaty since '95 & back now, bigger than ever! Pork & herb meatballs in a tomato & basil sauce baked with mozzarella (774 kcal)	7.95 9.25
Get saucy and choose from: BBQ (538 kcal)   Hot (468 kcal)  Sticky Chicken Wings Served with sour cream dip Choose your sauce: BBQ (656 kcal)   Hot (637 kcal)  Frankie's Classic Meatballs Making it meaty since '95 & back now, bigger than ever! Pork & herb meatballs in a tomato &	7.95
Get saucy and choose from: BBQ (538 kcal)   Hot (468 kcal)  Sticky Chicken Wings Served with sour cream dip Choose your sauce: BBQ (656 kcal)   Hot (637 kcal)  Frankie's Classic Meatballs Making it meaty since '95 & back now, bigger than ever! Pork & herb meatballs in a tomato & basil sauce baked with mozzarella (774 kcal)	7.95 9.25
Get saucy and choose from: BBQ (538 kcal)   Hot (468 kcal)  Sticky Chicken Wings Served with sour cream dip Choose your sauce: BBQ (656 kcal)   Hot (637 kcal)  Frankie's Classic Meatballs Making it meaty since '95 & back now, bigger than ever! Pork & herb meatballs in a tomato & basil sauce baked with mozzarella (774 kcal)  Add: 'Nduja (+123 kcal)	7.95 9.25 1.25

DIPS Dip, dunk or drizzle!	1.00
Garlic & Herb (GF) (268 kcal)	
Blue Cheese (249 kcal)	
BBQ (GF) (88 kcal)	
Frankie's Secret Sauce (GF) (310 kcal)	

#### **UNLIMITED REFILLS ON SUGAR FREE SODAS £1\***

### **LOADED DELI BREADS -**

Hand-stretched flatbread with a choice of toppings & flavours

Buffalo Chicken Crispy chicken with buffalo sauce, garlic & herb sauce, spring onion & green chilli (847 kcal)	10.95
Pastrami & Honey Mustard	10.95

Pastrami & Honey Mustard Torn pastrami with sliced red onion, watercress with hot honey & mustard (635 kcal)

Roast Vegetable & Houmous vo 10.95 Houmous topped with cherry tomatoes, roasted courgette, red pepper & red onions with

### **WRAPS**

All served with skin on fries (+427 kcal)

11.95 **Beef Brisket** Pulled beef brisket, BBQ sauce, cheddar, red onion,

roasted peppers & mixed leaves (621 kcal)

10.95 Caiun Chicken Chicken strips, lettuce, red onion, cheese

& cajun mayo (793 kcal)

garlic & herb sauce (861 kcal)

Halloumi V 10.95 Cajun spiced fried halloumi, fresh avocado,

red chilli sauce, roasted red peppers, lettuce & red onion (521 kcal)

RADE Swap for sweet potato fries (279 kcal) **Buffalo Chicken Loaded Fries** UPGR YOUR

with cheese sauce, garlic & herb dressing & hot sauce (924 kcal) 3.25 **BBQ Brisket Loaded Fries** with cheese sauce & spring onions (887 kcal)

## - FRANKIE'S FAVES

12.95 Arrabbiata Pasta (vg) Spirali pasta in a tomato & garlic sauce with roasted red

pepper, red onion & a kick of chilli! (1094 kcal) **Go gluten free with fusilli pasta** (607 kcal)

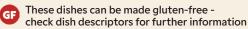
Margherita Pizza (894 kcal) 12.75 **Go Vegan** (1169 kcal) Go gluten free with a gluten free base (948 kcal)

**Classic Beef Burger** 14.95

Simple but delicious beef burger with mayo & lettuce. Bada bing! (925 kcal) Go GF & swap fries for a jacket potato G (898 kcal)



0.75 3.75





V Vegetarian dishes



(VG) Vegan dishes